

30 Questions to Find Inspiration From Yourself

*This is an extra resource to go along with the original article:
[How to Find Inspiration and Motivation to Write Your Next Book](#)*

1. Where were you born?
2. What were the circumstances surrounding your birth?
3. Who are your parents/ what are your parents like?
4. Where is your family from/ what is your family history?
5. When did you realize that you wanted to be a writer?
6. Who is your best friend and what is their best/ worst attribute?
7. Other than writing, what are your other interests/ hobbies?
8. What's one defining event in your life?
9. Who was your favorite teacher and why?
10. What's the most important lesson that you've learned so far?
11. If you could live anywhere on earth, where would it be and why?
12. How do you usually come up with stories?
13. What did you want to be as a child?
14. What is your biggest fear?
15. What is the stupidest thing you've ever done?
16. What is your favorite story/ author, and why?
17. What's one of the most surprising things you've ever learned?
18. If you could tell your 10-year-old self one thing, what would it be?
19. What makes a good story?
20. What's the best thing that's ever happened to you?

21. What's the worst thing that's ever happened to you?
22. What do you believe about God and the afterlife?
23. What is your most memorable dream?
24. If you could only read one book for the rest of your life, what would it be?
25. Who do you love and why?
26. What makes you smile?
27. What's the last thing you cried about?
28. What's your biggest regret?
29. What's your greatest triumph?
30. If you could summarize your life in one sentence, what would it be?