

# 9 More Tips to End Writer's Block

*This is an extra resource to go along with the original article:*

[Tips for Getting Over Writer's Block](#)

---

*Hey writers, here are even more tips to unblock your creativity:*

## 1. Change Your Writing Environment

Instead of writing in the same old desk and chair, move to another spot, preferably one near a window for natural light. The change in location can give you a new perspective.

## 2. Turn Up the Heat

Research shows that raising the ambient room temperature to a toasty 77 degrees Fahrenheit makes for the optimal work environment. Warmer temperatures make you more productive and focus.

## 3. Outline Your Next Scene

Avoid blank page-itis by starting with an outline of what's next. You don't need to outline the entire book, just the next scene. If you know where you're headed, it helps you get unstuck.

## 4. Take a Walk or a Short Trip

Walking is good for the soul, especially a short hike in nature. Break out from your four walls and get inspired by nature.

## 5. Exercise

Inclement weather? Or just hate the bugs? Exercise indoors. Raising your heart rate doesn't only improve your health. It also boosts your creativity.

## 6. Clean Your Home

One way to tap into your subconscious (where your creativity lives) is to do chores. Chores, like vacuuming or doing dishes, give your brain something to do while your subconscious creativity is free to roam wild.

## 7. Switch Up Where You Start Writing

Don't start writing at the chronological beginning of your story. Start somewhere in the middle, at the place where you're most excited to write. Remember that you'll be editing this draft anyway, so it doesn't matter where you start as long as you finish.

## 8. Give Yourself a Daily Writing Goal

In addition to scheduling time to write each day, assign yourself a goal. For example, plan to write for one hour each day or give yourself a word count target of 1,000. If you choose to write 1,000 words each day, you can complete an entire first draft of a book within three months.

## 9. Free Write

Freewriting is a prewriting technique that will help you loosen up your creativity. To free write, simply pick up a pen or sit at your keyboard and let your mind wander. Write whatever words come to your mind within a short time period, like 10 minutes.